

## PORTLAND MEETINGS

### SUNDAY

**7:00 PM – Hollywood Hoovers**  
St. Michaels & All Angels Church  
1704 NE 43<sup>rd</sup> Ave. (43<sup>rd</sup> & Broadway)  
**Portland, OR**

### WEDNESDAY

**6:15 PM – One Day at a Time**  
**Providence Hospital**  
47<sup>th</sup> & NE Glisan St.  
Cancer Ctr. Conf. Rm. A & B  
**Portland, OR**

### THURSDAY

**8:00 PM – Diet Coke**  
**Grace Presbyterian Church**  
6025 NE Prescott St.  
Basement Fireside/Candlelight  
**Portland, OR**

**7:30 PM – Power Struggle**  
**Trinity Episcopal Cathedral**  
147 NW 19<sup>th</sup> Ave (At Everett)  
**Portland, OR**

## FRIDAY

**7:00 PM – End of the Line**  
**Providence Hospital**  
47<sup>th</sup> & NE Glisan St.  
Conf. Rm. HCC1  
**Portland, OR**

(If coming to the meeting after 7:00 pm,  
you will need to enter through the  
Emergency Room entrance, and tell the  
guard that you are attending a meeting in  
room HCC1)

## ASHLAND MEETINGS

### TUESDAY

**6:00 PM – No Caine**  
The Newman Center  
1150 Ashland St.  
**Ashland, OR**

## EVENTS

(Check website for details)  
[www.caorwa.org](http://www.caorwa.org)

## ON-LINE MEETINGS

<http://www.ca-online.org/meetings/>

## SERVICE MEETINGS

St. Michaels & All Angels Church  
1704 NE 43<sup>rd</sup> Ave. (43<sup>rd</sup> & Broadway)  
Portland, OR

## CA OF OREGON AND SW WASHINGTON AREA MEETING

Feb 10, April 14, June 9, Aug 11,  
Oct 13, & Dec 8, 2019  
5:30 pm

## H&I COMMITTEE MEETING

Jan 20, Apr 21, July 21, 2017; Oct. 20,  
2019  
6:00 PM

### About Cocaine Anonymous...

We are a Fellowship of addicts who meet together to share our experience, strength and hope for the purpose of staying clean and helping others achieve the same freedom. Everything heard at our meetings is to be treated as confidential. There are no dues or fees of any kind. To be a member, you only have to want to quit and show up. We also exchange phone numbers, and give and seek support from one another between meetings.

Everyone in these rooms is here because he or she has a desire to stop using cocaine and all other mind-altering substances. Our Program, the 12 Steps of Cocaine Anonymous, teaches us that the best human help an addict can receive is from another addict.

We welcome newcomers to C.A. with more genuine warmth and acceptance in our hearts than you can probably now imagine--for you are the lifeblood of our program. In great part, it is by carrying the message of recovery to others like ourselves that we keep our own sobriety.

**CONTACT CA: 503-256-1666**

**PHONE NUMBERS**

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

**THE TWELVE STEPS**

1. We admitted we were powerless over cocaine and all other mind-altering substances—that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God *as we understood Him*.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these Steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

**CONTACT CA: 503-256-1666**

**COCAINE  
ANONYMOUS  
OF  
OREGON AND  
SW WASHINGTON  
AREA**



**MEETING SCHEDULE**

**WINTER 2018**

**CONTACT COCAINE  
ANONYMOUS**

**503-256-1666  
WWW.CAORWA.ORG**